

THE WHEELER ACADEMY

AFTERNOON AND EVENING SCHEDULE

MONDAY	KIDS 4-5 YRS ALL RANKS 3:25 – 4 PM	KIDS 6-8 YRS ALL RANKS 4 - 4:45 PM	KIDS 9-13 YRS ALL RANKS 5 – 6 PM	KIDS 8-13 YRS JIU-JITSU 6 – 7 PM	TEEN/ADULT KICKBOXING 6 - 7 PM		TEEN/ADULT JIU-JITSU 7 - 8 PM	TEEN/ADULT OPEN MAT 8 – 8:30 PM
TUESDAY	KIDS 9-13 YRS ALL RANKS 4 – 5 PM	KIDS 4-5 YRS ALL RANKS 5 - 5:30 PM	KIDS 8-13 YRS JIU-JITSU 5 – 6 PM	KIDS 6-8 YRS ALL RANKS 5:45 - 6:30 PM	TEEN/ADULT KICKBOXING 6 - 7 PM	TEEN/ADULT MARTIAL ARTS 7 - 8 PM	TEEN/ADULT JIU-JITSU 7 - 8 PM	TEEN/ADULT OPEN MAT 8 – 8:30 PM
WEDNESDAY	KIDS 4-5 YRS ALL RANKS 3:25 – 4 PM	KIDS 6-8 YRS ALL RANKS 4 - 4:45 PM	KIDS 9-13 YRS ALL RANKS 5 – 6 PM	KIDS 8-13 YRS JIU-JITSU 6 – 7 PM	TEEN/ADULT MARTIAL ARTS 6 - 7 PM			
THURSDAY	KIDS 9-13 YRS ALL RANKS 4 – 5 PM	KIDS 4-5 YRS ALL RANKS 5 - 5:30 PM	KIDS 8-13 YRS JIU-JITSU 5 – 6 PM	KIDS 6-8 YRS ALL RANKS 5:45 - 6:30 PM	TEEN/ADULT KICKBOXING 6 – 7 PM		TEEN/ADULT JIUJITSU 7 - 8 PM	TEEN/ADULT OPEN MAT 8 – 8:30 PM
FRIDAY	PRIVATE LESSONS 3 - 4 PM	SPECIAL CLASSES TEAM CLASSES 4 – 5 PM	SPECIAL CLASSES TEAM CLASSES 5 – 6 PM					

MORNING AND WEEKEND SCHEDULE

TUESDAY	KIDS 4 -8 YRS ALL RANKS 9 – 9:45 AM	KIDS 8-13 YRS JIU-JITSU 9 - 10 AM	KIDS 9–13 YRS ALL RANKS 10 - 11 AM	TEEN/ADULTS MARTIAL ARTS 10 – 11 AM	TEEN/ADULTS JIU-JITSU 11 – 12 PM
WEDNESDAY	KIDS 4-8 YRS ALL RANKS 9 – 9:45 AM	KIDS 8-13 YRS JIU-JITSU 9 - 10 AM	KIDS 9-13 YRS ALL RANKS 10 – 11 AM	TEEN/ADULTS KICKBOXING 10 – 11 AM	TEEN/ADULTS NO GI JIU-JITSU 11 – 12 PM
THURSDAY	KIDS 4-8 YRS ALL RANKS 9 – 9:45 AM	KIDS 8-13 YRS JIU-JITSU 9 - 10 AM	KIDS 9–13 YRS ALL RANKS 10 - 11 AM	TEEN/ADULTS KICKBOXING 10 – 11 AM	TEEN/ADULTS JIU-JITSU 11 – 12 PM
SATURDAY	OFFICER TRAINING TACTICS CLASS 8 – 9 AM	TEEN/ADULT OPEN MAT 9 – 10:30 AM	SEMINARS / WORKSHOPS VARIES		