

# **THE WHEELER ACADEMY**

## **AFTERNOON AND EVENING SCHEDULE**

<b>MONDAY</b>	<b>KIDS 4-5 YRS ALL RANKS 3:25 – 4 PM</b>	<b>KIDS 6-8 YRS ALL RANKS 4 - 4:45 PM</b>	<b>KIDS 9-13 YRS INT/ADV 5 - 6 PM</b>	<b>KIDS 8-13 YRS JIU-JITSU 5 – 6 PM</b>	<b>KIDS 9-13 YRS NOVICE 6 – 7 PM</b>	<b>TEEN/ADULT MARTIAL ARTS 6 - 7 PM</b>	<b>TEEN/ADULT KICKBOXING 7 - 8 PM</b>	<b>TEEN/ADULT JIU-JITSU 7 - 8 PM</b>
<b>TUESDAY</b>	<b>KIDS 9-13 YRS NOVICE 4 - 5 PM</b>	<b>KIDS 9-13 YRS INT/ADV 4 - 5 PM</b>	<b>KIDS 8-13 YRS JIU-JITSU 5 – 6 PM</b>	<b>KIDS 4-5 YRS ALL RANKS 5 - 5:30 PM</b>	<b>KIDS 6-8 YRS ALL RANKS 5:45 - 6:30 PM</b>	<b>TEEN/ADULT JIU-JITSU OPEN MAT 6 – 7 PM</b>		<b>TEEN/ADULT MARTIAL ARTS 7 - 8 PM</b>
<b>WEDNESDAY</b>	<b>KIDS 4-5 YRS ALL RANKS 3:25 – 4 PM</b>	<b>KIDS 6-8 YRS ALL RANKS 4 - 4:45 PM</b>	<b>TEEN/ADULT MARTIAL ARTS 5 - 6 PM</b>	<b>KIDS 9-13 YRS INT/ADV 5 - 6 PM</b>	<b>KIDS 9-13 YRS NOVICE 6 – 7 PM</b>	<b>TEEN/ADULT KICKBOXING 6 - 7 PM</b>	<b>TEEN/ADULT JIU-JITSU OPEN MAT 6 – 7 PM</b>	
<b>THURSDAY</b>	<b>KIDS 9-13 YRS NOVICE 4 - 5 PM</b>	<b>KIDS 9-13 YRS INT/ADV 4 - 5 PM</b>	<b>KIDS 8-13 YRS JIU-JITSU 5 – 6 PM</b>	<b>KIDS 4-5 YRS ALL RANKS 5 - 5:30 PM</b>	<b>KIDS 6-8 YRS ALL RANKS 5:45 - 6:30 PM</b>	<b>TEEN/ADULT KICKBOXING 6 - 7 PM</b>		<b>TEEN/ADULT JIUJITSU 7 - 8 PM</b>
<b>FRIDAY</b>	<b>PRIVATE LESSONS 3 - 4 PM</b>	<b>SPECIAL CLASSES TEAM CLASSES 4 – 5 PM</b>	<b>SPECIAL CLASSES TEAM CLASSES 5 – 6 PM</b>					

## **MORNING AND WEEKEND SCHEDULE**

<b>TUESDAY</b>	<b>KIDS 4 -8 YRS ALL RANKS 9 – 9:45 AM</b>	<b>KIDS 8-13 YRS JIU-JITSU 9 - 10 AM</b>	<b>KIDS 9–13 YRS ALL RANKS 10 - 11 AM</b>	<b>TEEN/ADULTS JIU-JITSU 11 – 12 PM</b>	
<b>WEDNESDAY</b>	<b>KIDS 4-8 YRS ALL RANKS 9 – 9:45 AM</b>	<b>KIDS 8-13 YRS JIU-JITSU 9 - 10 AM</b>	<b>KIDS 9-13 YRS ALL RANKS 10 – 11 AM</b>	<b>TEEN/ADULTS MARTIAL ARTS 11 – 12 PM</b>	
<b>THURSDAY</b>	<b>KIDS 4-8 YRS ALL RANKS 9 – 9:45 AM</b>	<b>KIDS 8-13 YRS JIU-JITSU 9 - 10 AM</b>	<b>KIDS 9–13 YRS ALL RANKS 10 - 11 AM</b>	<b>TEEN/ADULTS KICKBOXING 11 – 12 PM</b>	
<b>SATURDAY</b>	<b>TEEN/ADULT OPEN MAT / COMBATIVES 9 – 10:30 AM</b>		<b>SEMINARS / WORKSHOPS VARIES</b>		